



# THE WRIGHTINGTON

HOTEL & HEALTH CLUB

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## Opening Times

Please refer to the timetables below for the Health Club's opening times.

The Leisure club closes at 9.30pm Monday to Thursday nights.

Last entry to the club will be 9.00pm.

Opening Times	
Monday to Thursday	6.30am - 9.30pm
Friday	6.30am - 9.00pm
Saturday & Sunday	7.00am - 8.00pm

Bank Holidays & Festive Season subject to restricted opening times.

PLEASE CONTACT LEISURE RECEPTION ON 01257 478246 TO CHECK AMENDED TIMES.

Children must finish using the facility by 7.00pm and vacate the facility by 7.30pm.

## Gym Kids

For junior members between the ages of 8 to 15 years.

Please note: all parents must have completed pre-exercise screening forms for their children upon joining.

- Children are only permitted to use the gymnasium for a 45-minute period between 10am & 4.45pm vacated by 4.45pm.

Under no circumstances should the children be in the gymnasium at undesignated times.

- Children have use of the pool up to 7.30pm. The pool must be vacated by this time. Last gate entry 7pm.
- Children must be under parental supervision at all times.
- Children are only permitted to use the cross trainers, rowers and bikes.

They must not use any other equipment other than specified above.

- All parents bringing children to gym kids sessions must be aware of the club rules.