



**SPA**

AT



THE WRIGHTINGTON

HOTEL & HEALTH CLUB



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## A haven of serenity.... *The perfect way to relax*

The Wrightington Hotel, Health Club & Spa is the area's leading 4 star, luxury hotel, set in beautiful Lancashire countryside. The Spa at Wrightington is tucked away in our modern & state of the art Health Club.

We are dedicated to restoring beauty and balance through individual treatments and spa journeys, personalised for each of our guests by skilled therapists. Our commitment to well-being focuses on holistic principles, combining ancient wisdom and modern expertise. Our spa facilities include luxurious changing rooms, heated pool & Eucalyptus steam room. For the more energetic we have a fully equipped state of the art gym, or for those seeking tranquillity, simply relax in the hot tub, sauna & steam room and take some time out in the pool area.

All spa package guests will have access to our spa lounge where herbal teas and infused waters are readily available. Our expert team are on hand to make sure your time with us is truly relaxing and rejuvenating.

Access to the health club is included with all our spa packages.

# Our Products

Caudalie was founded in 1995 when Mathilde and Bertrand Thomas, the founders of Caudalie, had a chance encounter with Dr. Vercauteren, professor at the University of Pharmacy, Bordeaux and the world's leading expert on grape and grapevine polyphenols. On the vineyards of the Château Smith Haut Lafitte in Bordeaux, the professor noticed the leftover skins and seeds of the grapes from the harvest and explained to the couple that the polyphenols in the grape and grapevines had extraordinary anti-oxidant powers and that grape seed is the most powerful antioxidant created by nature.

Their technology and innovation have made them one of the world's top skincare brands, whilst uniquely remaining a 100% independent family owned business. Caudalie has also become a cult favourite amongst celebrities, make-up artists, beauty editors and they have won several esteemed beauty industry awards in the UK.

They have since created three patents to protect, nourish, brighten, lighten and firm the skin and rigorously research and trial the latest scientific advances to guarantee maximum effectiveness for each and every product.

CAUDALIE  
PARIS





# Body

## Divine Body Melt

60 mins • £60

Our signature treatment starts by cocooning the body in a warm oil wrap. Feel your stress melt away whilst you enjoy a scalp massage & an awakening eye treatment. Nourishing body lotion is applied to hydrate the skin & complete your treatment.

## Caudalie 'Wine Makers' Massage

60 mins • £70

This specialist sculpting massage recreates the ritualistic steps of the wine-making process on the body. This treatment alternates techniques using bare hands, Bamboo sticks and pressure on the energy paths. No area of the skin is overlooked your entire body is stimulated from the tips of your fingers to the bottoms of your feet. Activating blood circulation and muscle tone. You will leave bursting with energy!

## Muscle Melt Massage

30 mins • £47

60 mins • £70

If you're suffering from tension and aches, a muscle melt is just what you need. The pressure is deeper and concentrated on the problematic area, helping to alleviate any pains for the long term!

## Fleur De Vigne Candle Massage

60 mins • £70

This signature Caudalie massage, under the glow of the soft light of a massage candle that melts down in to a warm oil. Delicately scented with Fleur De Vigne (Grape Blossom), enjoy a unique & relaxing experience where all your senses will be indulged. Tension will be relieved and you will regain your energy.

## Pre Natal Massage

60 mins • £70

A deeply nourishing body massage designed to target areas prone to stress and tension during or after pregnancy which is designed to suit your individual concerns. Relaxing, restoring & revitalising.

## Divine Body Massage

60 mins • £70

This treatment uses the award-winning Divine Oil. Indulge in the floral, sun-kissed fragrance while compression techniques gently sooth tension & re-boost your energy. Your skin will be luxuriously softened, moisturised & wrapped in delicate fragrance.... Truly Divine.

## Body Wrap

60 mins • £70

Starting with a scrub to exfoliate the dead skin cells, a massage follows using Vine Body Butter mixed with either Contouring Concentrate Oil or Divine oil. Your body is then wrapped cocooning the skin with hydration whilst you enjoy a scalp massage. Choose either the Contouring Detox wrap or a Relaxing & Nourishing wrap.

Why not enhance your massage with an additional cranial massage? Take a look at our 'Add On's' page for the full range of treatments.

## Crushed Cabernet Body Treatment

60 mins • £70

This indulgent treatment uses one of Caudalie's most popular scrubs. The exfoliation technique helps regain your skin's radiance & softness. The scrub has been developed with a base of grape-seed, honey, brown sugar & essential oils. A sculpting body massage follows, an ideal treatment for relieving tension, invigorating your body & mind and as part of a slimming programme.



## Des Vigne Body Massage

60 mins • £65

This relaxing massage uses Caudalie's Thè Des Vigne oil, using techniques to suit your requirements, relax tight muscles & uplift the mind. The oil combines subtle notes of honeyed ginger, neroli, orange blossom, white musk & jasmine. The skin is left feeling soft, hydrated & shrouded in the subtle fragrance.

# Face



## Premier Cru

60 mins • £85

This exceptional anti-aging facial will; lift, moisturise, smooth, plump & even the skin with cutting edge techniques and products from the Premier Cru range. This advanced facial includes a firm massage that is stimulating for the natural production of collagen & elastin. The results are spectacular, wrinkles and lines are visibly reduced and the skin is smoother & firmer.

## Vinoperfect

60 mins • £75

A unique facial treatment specifically designed to correct the complexion, restoring radiance & vitality to the skin. Exceptional massage techniques with essential oils and small hot & cold basalt stones awaken the luminosity of the complexion. A radiance peeling mask is applied for a gentle peeling action to restore your complexion's even tone. The Vinoperfect serum adds the finishing touch to the treatment.

## Vinopure

60 mins • £75

A detoxifying and balancing facial for blemish-prone skin. Skin is deeply cleansed and cooled with Caudalie massaging tools. The skin is transformed with Caudalie's Purifying Concentrate to help clear the complexion and regulate excess sebum. The Purifying Mask leaves skin shine-free and matt with noticeably finer, tighter-looking pores. Your skin's freshness, luminosity, comfort and evenness are restored.

## Vinosource Hydra

60 mins • £70

This nourishing treatment with fresh grapes was specially designed to restore comfort, radiance and softness to dry, very dry & sensitive skin. Treatment highlights include: skin cleansing, circular smoothing techniques with juicy grapes, a long sculpting massage with our Moisturising Concentrate and - to perfect this moment of well-being - our Moisturising Cream-Mask.

## Resveratrol (Lifting)

60 mins • £75

For skin that lacks firmness, contour & vitality. The skin is cleansed and a stimulating massage visibly firms & redefines the contours of your face. A warming mask enhances the lifting effect of Caudalie's Resveratrol Lift products & tools. The toning and lifting effects are immediate, your face appears re-sculpted and radiant with youth.

Our Anti-Aging Eye Treatment is just £10 when added on to any of our facials. Take a look at our 'Add On's' page for the full range of treatments.

## Vinergetic Vitamin C

60 mins • £75

A deeply energising vitamin cocktail. This facial hydrates, renews & protects skin cells in the epidermis. Combined with regenerating aromatherapy massage using essential oils, an anti-oxidant mask follows, highly concentrated in pink clays, grape marc & coffee it deeply cleanses the skin while draining toxins. This facial reduces the visual appearance of fine lines & wrinkles, smooths and protects the skin. Your skin looks plumper, youthful & your complexion smooth. Perfect for those wishing to maintain and protect their skin from the environment & free radical damage.

## Express Divine

30 mins • £40

Specially designed for men & women who are time short, yet still want results. This treatment is tailor made to meet the needs of every skin type. The facial includes; eye & skin cleansing, deep exfoliation, a customised mask and a hand massage. Completed with serums and moisturisers, your skin's freshness, comfort & evenness are restored.

# Add On's

## Cranial Massage

30 mins • £40

Hand placement on the skull is designed to free energy blockages & promote relaxation. This massage stimulates reactions in the whole body, helping to rebalance the energies of the nervous system.

## Anti-Aging Eye Treatment

30 mins • £40

This treatment is perfect for really brightening the delicate area around the eyes. A delicate massage using cold stones is followed by the application of a hydrogel patch concentrated in red wine, horse chestnut & ivy leaf that smooth features, diminishes dark circles & reduces puffiness.

**Add a 15 minute anti-aging eye treatment to any of our facials for just £10!**

## Body Exfoliation

30 mins • £40

A glamorous scrub that gently exfoliates your body & helps regain smooth, fresh skin. The nourishing body lotion combined with Divine Oil leaves your skin luminous & lightly scented.

## Divine Back Massage

30 mins • £40

This treatment incorporates Caudalie's signature massage & award-winning Divine Oil. Indulge in the floral, sun-kissed fragrance while compression techniques gently sooth tension & re-boost your energy. Your skin will be luxuriously softened, moisturised & wrapped in delicate fragrance.... Truly Divine.

Add any of these treatments to your face or body treatment for added luxury.

# Holistic Therapies

Hot Stones Full Body      60 mins • £70  
Hot Stones Back & Shoulder      45 mins • £59

This speciality massage uses warm basalt stones to warm up tight muscles and to alleviate tension and stress.

Cranial Massage      45 mins • £55

Indian Head Massage focuses on upper back, shoulders, neck head & facial pressure points to alleviate tension & stress, promoting overall health.

**\*Upgrade to a luxury massage and include hot & cold stones for just £10\***



# Hands & Feet

## Luxury Manicure

£35  
Add Gel £45

Includes hand soak and exfoliation. Followed by a mask, heated mittens and a massage. The nails are then filed, cuticles tidied & finished with a CND Vinylux polish.

## Express Nails

Hands or Feet £18  
Hands & Feet £30

If you're in a hurry but need those fingers or toes to look cared for & polished, let us give you a file, shape, cuticle tidy & polish

## Foot & Leg Massage

30 mins • £25

Feet are cleansed with hot mitts, followed by a relaxing massage including pressure points. This can be added to any of our face & body treatments.

## Luxury Pedicure

£38  
Add Gel £48

Includes foot file, soak and exfoliation. Followed by a mask, heated booties and a massage. The nails are then filed, cuticles tidied & finished with a CND Vinylux polish.

## Shellac Manicure or Pedicure

£30

Includes file, cuticle tidy and CND Shellac application on either the hands or feet.

## Shellac Removal

£10

Let us safely remove your Shellac & treat your nails with cuticle oil to maintain healthy happy nails.



\* If you are returning for a re-application of Shellac, soak off is free of charge. Please inform upon booking.



# Men's Treatments

## Muscle Melt Massage

30 mins • £47

60 mins • £70

If you're suffering from tension and aches, a deep tissue massage is just what you need. The pressure is stronger and concentrated on the problematic area, helping to alleviate any pains for the long term!

## Cranial Massage

45 mins • £55

Indian Head Massage focuses on upper back, shoulders, neck, head & facial pressure points to alleviate tension & stress, promoting overall health.

## Divine Back Massage

30 mins • £40

This treatment incorporates Caudalie's signature massage & award-winning Divine Oil. Indulge in the sun-kissed fragrance while compression techniques gently sooth tension & re-boost your energy. Your skin will be luxuriously softened & moisturised.

## Express Divine Facial

30 mins • £40

Specially designed for men & women who are time short, yet still want results. This treatment is tailor made to meet the needs of every skin type. The facial includes; eye & skin cleansing, deep exfoliation, a customised mask and a hand massage. Completed with serums and moisturisers, your skin's freshness, comfort & evenness are restored.

## Vineactiv

60 mins • £75

A deeply energising vitamin cocktail. This facial hydrates, renews & protects skin cells in the epidermis. Combined with regenerating aromatherapy massage using essential oils, an anti-oxidant mask follows, highly concentrated in pink clays, grape marc & coffee it deeply cleanses the skin while draining toxins. This facial reduces the visual appearance of fine lines & wrinkles, smooths and protects the skin. Your skin looks plumper, youthful & your complexion smooth. Perfect for those wishing to maintain and protect their skin from the environment & free radical damage.

# Finishing Touches

## Hair Removal

### Warm Wax

Half Leg	£20
Full Leg	£28
Underarm	£15
Forearm	£20
Lip or Chin	£10/£16 - Both
Classic Bikini	£15
Extended Bikini	£20
Full Leg & Bikini	£34

## Hair Removal

### Hot Wax

Hot Brazilian	£30
Hot Hollywood	£35

## Lash & Brows

Brow Shape	£12
Brow Shape & Tint	£18
Brow Tint	£12
Lash Tint	£18
Brow & Lash Tint	£22
Brow Shape, Tint & Lash Tint	£28

\*Please be advised you will require a patch test 48hrs before tinting

## Men's Hair Removal

### Warm Wax

Eyebrow Tidy	£12
Back or Chest Wax	£22

# Spa Days

As a spa package guest, here at The Wrightington Hotel, you will have access to ALL the health club facilities; state of the art gym, indoor virtual spin studio, squash court, exercise classes, 18 metre pool, steam room, Jacuzzi and sauna. You will also enjoy time in our lounge area where you can enjoy fruit infused water and various herbal teas. Robes, slippers and towels are provided for all spa package guests. If you wish to add any additional treatments to your spa day, you will receive a 10% discount on all pre-booked treatments and products purchased on the day. All spa packages come with a choice of lunch apart from the Spa Twilight. Choose between a light lunch or Afternoon Tea.



All of our Spa Days can be bespoke and couples can enjoy their treatments together in our dual treatment room.

Prices for packages marked with a ★ are based on 2 guests.

## An Afternoon Treat

30 mins • £80

Choose your treatment from either a Caudalie Express Divine facial or Divine back massage.

## Spa Twilight

30 mins • £80

Arrive from 2pm and enjoy access to the health club. Treatments start from 4pm, choose either an Express Divine facial or Divine back massage. Enjoy either cocktails & tapas or a 2 course dinner in Bennett's.

**\*Why not upgrade your treatment to 60 mins for just £25\***

Available Thursday's & Friday's ONLY.

## Couples Retreat ★

60 mins • £200

A relaxing, indulgent day awaits you & your chosen one. Both of you will enjoy a Caudalie Divine Express facial & Divine back massage.

\*Our waiting area and recliners are away from poolside and are situated within the spa area.\*

### Total Chill Out

60 mins • £100

Choose two treatments from either a Caudalie Express Divine facial, Divine back massage, Cranial massage or foot & lower leg massage.

### Mummy To Be

90 mins • £120

The perfect relaxing treat for mum to be. Start your day with either our 1hr pre-natal massage or one of our 1hr Caudalie facials\*. Followed by either a Shellac manicure or pedicure.

### Men's Indulgence

90 mins • £125

The indulgence package offers complete attention & specific treatments for male skin. After your time in the health club begin your treatments with an energising express Divine facial followed by a 1hr Caudalie 'Wine Makers' massage.

### Pamper Pick Me Up

2 hrs • £155

This head to toe spa package is perfect if you're in need of a pampering. Enjoy a Caudalie Express Divine facial, a 1hr muscle melt massage and then either a Shellac manicure or pedicure to complete your day.

### The Ultimate Indulgence

3 hrs • £195

Treatments include a full body Fleur De Vigne Candle massage, any one of our 1hr Caudalie facials\* & a luxury manicure or pedicure.

Please see the spa information on page 16 for terms & conditions for Spa Packages.

# Spa Stays

All overnight spa guests have full access to the health club, a delicious 3 course dinner served in Bennett's restaurant and there is a selection of bedroom grades for you to choose from. All overnight stays include a Full English and Continental breakfast the following morning.

Escape - 1 Night ★

30 mins • £280

Choose between either an Express Divine facial or a Divine back massage. A delicious light lunch or Afternoon Tea and later that evening enjoy a 3 course dinner in Bennett's. After a relaxing nights stay, wake up to a hearty Full English breakfast. You will also receive 10% off further pre-booked treatments.



Retreat - 1 Night ★

90 mins • £425

Enjoy a Custom Express Divine facial and a 1 hour Crushed Cabernet massage. Indulgent Afternoon Tea and a three course dinner in the evening. Enjoy your upgraded bedroom and a relaxing nights sleep followed by a delicious hearty breakfast. A 10% discount applies to further pre-booked treatments.

Tranquillity - 2 Nights ★

2 hrs • £675

Enjoy a Caudalie Divine Scrub, Express Divine facial & a Wine Makers massage. Choose a healthy light lunch or Afternoon Tea. Enjoy a glass of Prosecco & delicious 3 course dinner on the first night. Your stay includes an upgraded bedroom and breakfast on both mornings. Receive 10% off further pre-booked treatments.

**\*All Spa Stay prices are based on 2 people sharing.  
Treatment times listed are per person\***

# Spa Information

## *Opening Hours*

The spa is open 7 days a week. For specific opening times, please check the website as timings may change throughout the year.

## *Prices*

We reserve the right to change prices and modify or discontinue treatments without notice to ensure that maximum standards of service & quality are met.

## *Bookings*

We recommend booking all treatments and packages in advance to avoid disappointment. All individual treatments booked require a deposit and all packages require payment in full.

## *Children*

Treatments are not available to anybody under the age of 16. Children wishing to use the health club must be over 8 to use the gym and can use the pool at any age but must be supervised.

## *Gift Vouchers*

Gift vouchers are available for all spa packages, both treatments and monetary values. They are valid for 6 months and can be purchased at Spa or Hotel Reception.

## *Spa Etiquette*

Please ensure suitable swimwear is worn in the pool area. Please keep mobiles off in all spa areas. Please be mindful of other users when in the relaxation area and keep noise to a minimum.

## *Arrival Times*

We advise arriving for treatments 15 minutes prior to allow sufficient time to check in & complete consultation forms. If you are joining us on a package or part of a group please arrive 30 minutes prior to allow time to check through your itinerary and allow staff to give you all the relevant information.

## *Pregnancy*

To have any treatments whilst pregnant you must be over 12 weeks and before 38 weeks for your own comfort. We have specific treatments & packages suitable for during pregnancy.

## *Special Considerations*

Kindly advise us in advance of any health conditions, allergies or injuries that could affect your treatment choice. If you are on any medication, ongoing consultation or your medical history has changed following a previous visit, please make us aware.

## *Breakdown Policy*

Any mechanical or electrical breakdowns on the premises are usually beyond our control, although we will try to reconvene services as soon as possible. No refunds will be given in such instances.

## *Cancellation Policy*

If you need to cancel a booking, please note the following terms which apply to all bookings:  
Cancellation within 2 days of arrival date - **No Refund**  
Cancellation between 2 - 14 days - **50% Refund**  
Cancellation 14 days + prior to arrival - **Full Refund**





To make a booking please contact Spa Reception.

**T:** 01257 478244

**E:** [spa@wrightingtonhotel.co.uk](mailto:spa@wrightingtonhotel.co.uk)

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