



SPA

AT



THE WRIGHTINGTON

HOTEL & HEALTH CLUB



A Haven Of Serenity....

The Wrightington Hotel, Health Club & Spa is the area's leading 4 star luxury hotel, set in beautiful Lancashire countryside. The Spa at Wrightington is located within our state of the art health club.

Our spa facilities include four beautiful treatment rooms, two deluxe double rooms, a new dedicated spa guest changing area and a luxurious relaxation room, offering herbal teas and infused water. Guests can also enjoy the use of a heated pool, eucalyptus steam room, hot tub and sauna. For the more energetic, we have a fully equipped gym over two floors.

Our expert team is on hand to ensure your time with us is truly relaxing and rejuvenating.

Our Products

Our exclusive Caudalie treatments are designed to indulge skin whilst providing visible results thanks to products renowned worldwide for their exceptional anti-oxidant properties derived from grapevine polyphenols. Indulge your self with a choice of our unique face and body spa treatments, complimented by bespoke advice from one of our therapist, who can help you select the treatment best suited to your needs.

ESPA are guided by a holistic philosophy, caring for your whole wellbeing, focusing on creating naturally effective skincare products which deliver results you can see and feel. Their expertly formulated products are not only beautiful to use, with luxurious textures and sensorial mood enhancing aromatics, but they also protect the long - term health and beauty of the skin.

ESPA treatments available from 22nd August.

CAUDALIE
PARIS



ESPA



Body Treatments

Caudalie 60 mins £60
Divine Body Melt

Our signature treatment starts by cocooning the body in a warm oil wrap. Feel your stress melt away whilst you enjoy a scalp massage & an awakening eye treatment. Nourishing body lotion is applied to hydrate the skin & complete your treatment.

Caudalie 30 mins £47
Muscle Melt Massage 60 mins £70

If you're suffering from tension and aches, a muscle melt is just what you need. The pressure is deeper and concentrated on the problematic area, helping to alleviate any pains for the long term!

Caudalie Fleur De Vigne 60 mins £70
Candle Massage

This signature Caudalie massage, under the glow of the soft light of a massage candle that melts down in to a warm oil. Delicately scented with Fleur De Vigne (Grape Blossom), enjoy a unique & relaxing experience where all your senses will be indulged. Tension will be relieved and you will regain your energy.

Caudalie 60 mins £70
Pre Natal Massage

A deeply nourishing body massage designed to target areas prone to stress and tension during or after pregnancy which is designed to suit your individual concerns. Relaxing, restoring & revitalising.

Caudalie Body Wrap

60 mins £70

Starting with a scrub to exfoliate the dead skin cells, a massage follows using Vine Body Butter mixed with either Contouring Concentrate Oil or des Vignes oil. Your body is then wrapped cocooning the skin with hydration whilst you enjoy a scalp massage. Choose either the Contouring Detox wrap or a Relaxing & Nourishing wrap.



Caudalie Crushed Cabernet Body Treatment

60 mins £70

This indulgent treatment uses one of Caudalie's most popular scrubs. The exfoliation technique helps regain your skin's radiance & softness. The scrub has been developed with a base of grape-seed, honey, brown sugar & essential oils. A sculpting body massage follows, an ideal treatment for relieving tension, invigorating your body & mind and as part of a slimming programme.

Caudalie Des Vigne Body Massage

60 mins £70

This relaxing massage uses Caudalie's Thè Des Vigne oil, using techniques to suit your requirements, relax tight muscles & uplift the mind. The oil combines subtle notes of honeyed ginger, neroli, orange blossom, white musk & jasmine. The skin is left feeling soft, hydrated & shrouded in the subtle fragrance.

Why not enhance your massage with an additional cranial massage? Take a look at our 'Add On's' page for the full range of treatments.

ESPA 60 mins £70

Inner Calm Massage

Quieten your mind, release tension and nourish your skin with this holistic, ultimately restorative experience. Personalised to your physical and emotional needs, carefully chosen aromatherapy blends relax, cleanse or energise, while advanced massage alleviates muscular pressure, soothes anxiety and involves profound relaxation. Mind & body feel rebalanced, energy renewed and inner calm beautifully restored.

ESPA 60 mins £70

Hot Stone Massage

Discover lasting relaxation for mind & body with this aromatherapeutic treatment. Tailored massage with hot stones unravels persistent muscular tightness and discomfort while pure, aromatic essential oils encompass the mind to relieve stress, recharge spirits and leave you feeling rejuvenated.



ESPA 60 mins £70

Hero Treatment

Unravel tension, instantly boost your complexion and restore inner calm with our most renowned treatment. Targets massage techniques combine with the purest aromatherapy oils and a highly-personalised facial, helping you to look and feel your very best - restored, de-stressed and beautifully radiant.

ESPA 25 mins £30

Salt & Oil Scrub

Revive skin's natural softness and glow with this intensely exfoliating treatment. An ideal way to prepare for other treatments. A natural blend of sea salt and the purest oils, polishes away dull, dry cells and infuses skin with rich nourishment. Skin feels smooth, supple and looks radiantly healthy.

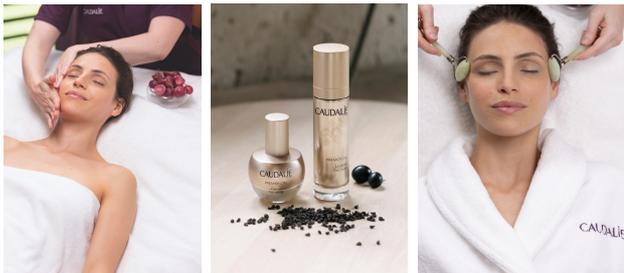
ESPA 25 mins £40

Express Massage

Ease tension where you need it most with this fast-acting & de-stressing treatment. Personalised to your unique needs, targeted massage with pure aromatherapy blends, relaxes tense muscles, re-energises your body and calms your mind.



Face Treatments



Caudalie Premier Cru

60 mins £85

This exceptional anti-aging facial will; lift, moisturise, smooth, plump & even the skin with cutting edge techniques and products from the Premier Cru range. This advanced facial includes a firm massage that is stimulating for the natural production of collagen & elastin. The results are spectacular, wrinkles and lines are visibly reduced and the skin is smoother & firmer.

Caudalie Premier Vinoperfect

60 mins £75

A unique facial treatment specifically designed to correct the complexion, restoring radiance & vitality to the skin. Exceptional massage techniques with essential oils and small hot & cold basalt stones awaken the luminosity of the complexion. A radiance peeling mask is applied for a gentle peeling action to restore your complexion's even tone. The Vinoperfect serum adds the finishing touch to the treatment.

Caudalie Vinopure

60 mins £75

A detoxifying and balancing facial for blemish-prone skin. Skin is deeply cleansed and cooled with Caudalie massaging tools. The skin is transformed with Caudalie's Purifying Concentrate to help clear the complexion and regulate excess sebum. The Purifying Mask leaves skin shine-free and matt with noticeably finer, tighter-looking pores. Your skin's freshness, luminosity, comfort and evenness are restored.

Caudalie 60 mins £70
Vinosource Hydra

This nourishing treatment with fresh grapes was specially designed to restore comfort, radiance and softness to dry, very dry & sensitive skin.

Treatment highlights include: skin cleansing, circular smoothing techniques with juicy grapes, a long sculpting massage with our Moisturising Concentrate and - to perfect this moment of well-being - our Moisturising Cream-Mask.

Caudalie 60 mins £75
Resveratrol Lifting

For skin that lacks firmness, contour & vitality. The skin is cleansed and a stimulating massage visibly firms & redefines the contours of your face. A warming mask enhances the lifting effect of Caudalie's Resveratrol Lift products & tools. The toning and lifting effects are immediate, your face appears re-sculpted and radiant with youth.

Our Anti-Aging Eye Treatment is just £10 when added on to any of our facials. Take a look at our 'Add On's' page for the full range of treatments.

Caudalie 60 mins £75
Vinergetic Vitamin C

A deeply energising vitamin cocktail. This facial hydrates, renews & protects skin cells in the epidermis. Combined with regenerating aromatherapy massage using essential oils, an anti-oxidant mask follows, highly concentrated in pink clays, grape marc & coffee, it deeply cleanses the skin while draining toxins. This facial reduces the visual appearance of fine lines & wrinkles, smooths and protects the skin. Your skin looks plumper, youthful & your complexion smooth. Perfect for those wishing to maintain and protect their skin from the environment & free radical damage.

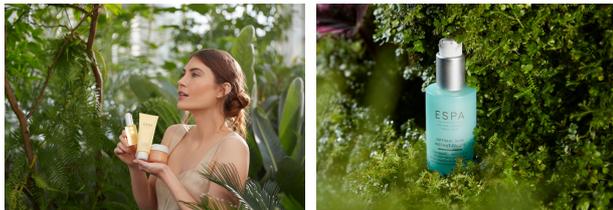
Caudalie 30 mins £40
Express Divine

Specially designed for men & women who are time short, yet still want results. This treatment is tailor made to meet the needs of every skin type. The facial includes; eye & skin cleansing, deep exfoliation, a customised mask and a hand massage. Completed with serums and moisturisers, your skin's freshness, comfort & evenness are restored.

Restore and nourish in a complete sense with this inspired collection of personalised treatments from world renowned spa experts. Reveal skin that glows each day with natural health and beauty. By assessing your skin , lifestyle and wellbeing needs, our ESPA Experts create truly personalised, results-focused facial using the latest innovative techniques with powerful Tri-Active blends. Results are both instant and long-lasting - skin looks clear, radiant and inner calm is blissfully restored.

ESPA **30 mins** **£40**
Express Facial

Reveal a clear, refreshed, naturally beautiful complexion with this express facial. Personalised to your needs, natural active formulas cleanse, rebalance and hydrate while aromatic essential oils capture your mind, leaving you looking and feeling relaxed and radiant.



ESPA **60 mins** **£75**
Inner Beauty Facial

Deeply cleanse, hydrate and renew with this instant results facial. Tailored to your skin's precise needs, Tri Active formulas work immediately to transform your complexion while pure aromatherapeutic oils encompass your mind. Skin looks clear, quenched, naturally beautiful and inner calm is blissfully restored.

ESPA **60 mins** **£75**
Glow From Within Facial

This invigorating nutrient -rich treatment embraces ESPA's holistic approach to restoring radiance, feeding your skin and your mood so your face glows with vitality. Dull, lethargic complexions are brightened and refreshed with the power of a sweeping Gua Sha massage which stimulates the lymphatic and circulatory systems. Combining steaming, exfoliation and multi-masking to maximise results.



Add On's

Cranial Massage 30 mins £40

Hand placement on the skull is designed to free energy blockages & promote relaxation. This massage stimulates reactions in the whole body, helping to rebalance the energies of the nervous system.

Anti-Aging 30 mins £40 Eye Treatment

This treatment is perfect for really brightening the delicate area around the eyes. A delicate massage using cold stones is followed by the application of a hydrogel patch concentrated in red wine, horse chestnut & ivy leaf that smooth features, diminishes dark circles & reduces puffiness.

Add a 15 minute anti-aging eye treatment to any of our facials for just £10!

Body Exfoliation 30 mins £40

A glamorous scrub that gently exfoliates your body & helps regain smooth, fresh skin. The nourishing body lotion combined with Divine Oil leaves your skin luminous & lightly scented.

Caudalie or ESPA 30 mins £40 Express Back Massage

This treatment incorporates Caudalie's signature massage & award-winning des Vignes Oil. Indulge in the floral, sun-kissed fragrance while compression techniques gently sooth tension & re-boost your energy. Your skin will be luxuriously softened, moisturised & wrapped in delicate fragrance.... Truly Divine.

Add any of these treatments to your face or body treatment for added luxury.

Holistic Therapies

Hot Stones Full Body	30 mins	£70
Hot Stones Back & Shoulder	45 mins	£59

This speciality massage uses warm basalt stones to warm up tight muscles and to alleviate tension and stress.

Cranial Massage	45 mins	£55
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Indian Head Massage focuses on upper back, shoulders, neck head & facial pressure points to alleviate tension & stress, promoting overall health.



Upgrade to a luxury massage and include hot & cold stones for just £10

Hands & Feet

Express Manicure £20

If you're in a hurry but need those fingers to look cared for & polished, let us give you a file, shape, cuticle tidy & polish

Express Shellac Gel Nails £30

Includes file, cuticle tidy and CND Shellac application on either the hands or feet.

Express Pedicure £20

If you're in a hurry but need those toes to look cared for & polished, let us give you a file, shape, cuticle tidy & polish

Classic Manicure £30
Add Gel £10

Includes hand soak with nails & cuticles tidied. Followed by a hand & nail scrub, a hand & arm massage. Finished with an application of CND Vinylux polish.

Shellac Removal £10

Let us safely remove your Shellac & treat your nails with cuticle oil to maintain healthy happy nails.

Classic Pedicure £34
Add Gel £10

Includes nail and cuticle tidy, hard skin removal & deep exfoliation. Finish with a relaxing leg & foot massage & application of application of CND Vinylux polish.

Luxury Manicure £35
Add Gel £10

Includes hand soak and exfoliation. Followed by a mask, heated mittens and a massage. The nails are then filed, cuticles tidied & finished with a CND Vinylux polish.

Foot & Leg Massage 30 mins £25

Feet are cleansed with hot mitts, followed by a relaxing massage including pressure points. This can be added to any of our face & body treatments.

Luxury Pedicure £38
Add Gel £10

Includes foot file, soak and exfoliation. Followed by a mask, heated booties and a massage. The nails are then filed, cuticles tidied & finished with a CND Vinylux polish.

Please inform us upon booking if you require a Shellac soak off prior to your new application.

Finishing Touches

Hair Removal

Warm Wax

Half Leg	£20
Full Leg	£28
Underarm	£15
Forearm	£20
Lip or Chin	£10/£16 - Both
Classic Bikini	£15
Extended Bikini	£20
Full Leg & Bikini	£34

Men's Hair Removal

Warm Wax

Eyebrow Tidy	£12
Back or Chest Wax	£22

Lash & Brows

Brow Shape	£12
Brow Shape & Tint	£18
Brow Tint	£12
Lash Tint	£18
Brow & Lash Tint	£22
Brow Shape, Tint & Lash Tint	£28

*Please be advised you will require a patch test 48hrs before tinting



Spa Days

As a spa package guest, here at The Wrightington Hotel, you will have access to all the health club facilities; state of the art gym, indoor virtual spin studio, squash court, exercise classes, 18 metre pool, steam room, Jacuzzi and sauna. You will also enjoy the use of our dedicated spa guest changing rooms and relaxation room, where you can enjoy fruit infused water and various herbal teas. Robes, slippers and towels are provided for all spa package guests. If you wish to add any additional treatments to your spa day, you will receive a 10% discount on all pre-booked treatments and products purchased on the day. All spa packages include a light lunch or Afternoon Tea in our new spa cafe (excluding the Spa Twilight which is served in Bennetts restaurant).

*A maximum of 8 guests per spa day booking.



An Afternoon Treat

30 mins £80

Choose your treatment from either a Caudalie or ESPA express facial or back, neck and shoulder massage.

Spa Twilight

30 mins £80

Arrive from 2pm and enjoy access to the health club. Treatments start from 4pm, choose either an express facial or back, neck and shoulder massage. Enjoy either cocktails & tapas or a 2 course dinner in Bennett's.

Available Thursday's & Friday's only.

Couples Retreat

60 mins £200

A relaxing, indulgent day awaits you & your chosen one. Both of you will enjoy an express facial & back, neck and shoulder massage.

All of our Spa Days can be bespoke and couples can enjoy their treatments together in our dual treatment room.

Prices for packages marked with a  are based on 2 guests.

Total Chill Out

60 mins £100

Choose two treatments from either an express facial, back, neck and shoulder massage, cranial massage or foot & lower leg massage.

Mummy To Be

90 mins £120

The perfect relaxing treat for mum to be. Start your day with either our 1hr pre-natal massage or one of our 1hr Caudalie or ESPA facials*. Followed by either a Shellac manicure or pedicure.

Men's Indulgence

90 mins £125

The indulgence package offers complete attention & specific treatments for male skin. After your time in the health club begin your treatments with an energising express facial followed by a 1hr back, neck and shoulder massage.

Pamper Pick Me Up

2 hrs £155

This head to toe spa package is perfect if you're in need of a pampering. Enjoy an Express facial, a 1hr Muscle Melt massage and then either a Shellac manicure or pedicure to complete your day.

The Ultimate Indulgence

3 hrs £195

Treatments include a full body Fleur De Vigne Candle massage, any one of our 1hr Caudalie or ESPA facials* & a luxury manicure or pedicure.

*Not including the Premier Cru facial, to upgrade a £10 supplement is required.



Spa Stays

All overnight spa guests have full access to the health club, a delicious 3 course dinner served in Bennett's restaurant and there is a selection of bedroom grades for you to choose from. All overnight stays include a Full English and Continental breakfast the following morning.

Escape - 1 Night  **30 mins £280**

Choose between either an ESPA or Caudalie Express facial or a back, neck and shoulder massage. A delicious light lunch or Afternoon Tea and later that evening enjoy a 3 course dinner in Bennett's restaurant. After a relaxing nights stay, wake up to a hearty Full English breakfast. You will also receive 10% off further pre-booked treatments.



Retreat - 1 Night  **90 mins £425**

Enjoy an Express Caudalie or ESPA facial and a 1 hour Crushed Cabernet massage. Indulgent Afternoon Tea and a three course dinner in the evening. Enjoy your upgraded bedroom and a relaxing nights sleep followed by a delicious hearty breakfast. A 10% discount applies to further pre-booked treatments.

Tranquility - 2 Nights  **2 hrs £675**

Enjoy a Caudalie or ESPA body scrub, Express facial & a 1hr Muscle Melt massage. Choose a healthy light lunch or Afternoon Tea. Enjoy a glass of Prosecco & delicious 3 course dinner on the first night. Your stay includes an upgraded bedroom and breakfast on both mornings. Receive 10% off further pre-booked treatments.

 All Spa Stay prices are based on 2 people sharing.
Treatment times listed are per person

Spa Information

Opening Hours

The spa is open 7 days a week. For specific opening times, please check the website as timings may change throughout the year.

Prices

We reserve the right to change prices and modify or discontinue treatments without notice to ensure that maximum standards of service & quality are met.

Bookings

We recommend booking all treatments and packages in advance to avoid disappointment. All individual treatments booked require a deposit and all packages require payment in full.

Children

Treatments are not available to anybody under the age of 16.

Gift Vouchers

Gift vouchers are available for all spa packages, both treatments and monetary values. They are valid for 6 months and can be purchased at Spa or Hotel Reception.

Spa Etiquette

Please ensure suitable swimwear is worn in the pool area. Please keep mobiles off in all spa areas. Please be mindful of other users when in the relaxation area and keep noise to a minimum.

Arrival Times

We advise arriving for treatments 15 minutes prior to allow sufficient time to check in & complete consultation forms. If you are joining us on a package or part of a group please arrive 30 minutes prior to allow time to check through your itinerary and allow staff to give you all the relevant information.

Pregnancy

To have any treatments whilst pregnant you must be over 12 weeks and before 38 weeks for your own comfort. We have specific treatments & packages suitable for during pregnancy.

Special Considerations

Kindly advise us in advance of any health conditions, allergies or injuries that could affect your treatment choice. If you are on any medication, ongoing consultation or your medical history has changed following a previous visit, please make us aware.

Breakdown Policy

Any mechanical or electrical breakdowns on the premises are usually beyond our control, although we will try to reconvene services as soon as possible. No refunds will be given in such instances.

Cancellation Policy

If you need to cancel a booking, please note the following terms which apply to all bookings:

- Cancellation within 2 days of arrival date - **No Refund**
- Cancellation between 2 - 14 days - **50% Refund**
- Cancellation 14 days + prior to arrival - **Full Refund**



ESPA



To make a booking please contact Spa Reception.

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E: spa@wrightingtonhotel.co.uk

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