



THE WRIGHTINGTON

HOTEL, HEALTH CLUB & SPA

COVID – 19

Health Club Risk Assessment

Date: 1st July 2020

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Moss Lane, Wrightington, Wigan, WN6 8GD

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Assessor	Helen Lambert

Hazards

Cross-infection of staff, customers and visitors from an infected carrier of the virus.

Who Might be harmed	Employee, customer, visitor
If Other, please specify	N/A

Safe Systems of Work and Controls In Place

- Numbers permitted in all Leisure Areas (including toilets, changing room, pool, gym, etc) are restricted in line with size of spaces available.
- One to one sessions such as gym training or golf coaching suspended if they cannot be carried out safely. Separate Risk Assessment(s).
- Spa staff to review the type of treatments to be carried out in terms of risk of close contact. Separate Risk Assessment(s).
- Pre-booking of fitness classes is in place / encouraged.
- Opening hours have been reviewed alongside capacity controls.
- Permitted numbers are monitored throughout the day. This is normal practice for pool capacity, it is extended to all areas.
- Capacity clicker or limiting times for guest usage.
- Guests encouraged to change / shower in their rooms to avoid overcrowding in changing areas.
- Equipment spacing in gym / fitness rooms have been reviewed / adjusted.
- Seating in relaxation areas reviewed and adjusted.
- Lane Swimming set up in the pool.
- Only 2 people can train together at any one time ensuring distancing is maintained unless they are from the same household (maximum of 4).
- Avoid sharing of equipment & Stationary. - All equipment must be sanitised between each use. - Enhanced cleaning and disinfections schedules in place for all Leisure Areas including changing rooms.
- Provide hand sanitiser stations throughout.
- Use floor markers and signage to help people maintain social distancing.
- 'Covid Awareness' notices displayed throughout.
- All staff must ensure that they follow all of the 'Covid Safe'.
- Regular handwashing or sanitising.
- PPE to be provided and worn as determined.
- Disposable foot covers to be worn. Fabric Slippers to be removed.
- Collateral to be removed from all areas including papers, magazines, soft furnishings as far as possible.
- Laundry Controls relating to bagging and storage in place.

COVID-19 - HEALTH CLUB

- Should a member of staff become aware of a Covid 'risk', they should be actively encouraged to report this to their manager so that the situation can be risk assessed and/or remedied.
- High levels of personal hygiene to be followed by staff at all times. Staff informed to avoid touching the nose or mouth and care should be taken when coughing or sneezing, using a disposable tissue whenever possible, and sneezing into elbow if tissue not at hand.